

STUDENT SERVICES

Commuters

There are traditional, non-traditional, full-time, part-time, graduate, and undergraduate students who commute to campus every year. Monmouth University recognizes commuter students are unique and have needs that the University supports each semester. The Office of Off-Campus and Commuter Services (OCCS) is available to provide resources, advocacy, and guidance to all commuter students who attend Monmouth University. Incoming first-year commuter students are offered guidance and support as part of the Commuter Student Mentor program, in which they have the opportunity to request a mentor during new student orientation. Commuter students who are interested in getting involved are encouraged to contact the Office of Student Activities by calling 732-571-3586 or any of over one hundred recognized clubs that are listed in the Monmouth University Student Handbook.

There are a wide range of extra-curricular events and leadership opportunities that take place every semester, and programs are planned so commuters can participate during the day. Commuters can choose from a number of meal plans operated by Gourmet Dining. Commuter students can access breakfast, lunch, dinner, and late-night dining options at a number of locations on campus. The locations include the Rebecca Stafford Food Court, a Dunkin' Donuts, Magill Commons Dining Hall, Shadows (Elmwood Hall), Plangere Center, Bey Hall Express, a Convenience Store in Hesse Hall, and the Café at the Library. Declining balance, cash, Visa, and MasterCard are available for use at all dining locations on campus; however, we recommend students consider purchasing a meal plan through the University. The Office of Residential Life administers both resident and commuter student meal-plans and can be reached by phone at 732-571-3465. Commuter students will find parking at any time of the day or night. For more information, contact OCCS at 732-263-5651 or refer to the Office's Web site (<http://www.monmouth.edu/commuter/>).

Health Services is open to all students whether they live on or off campus. All students, aged thirty (30) years or younger, must show proof of two measles, two mumps, and one rubella immunization and if taking nine (9) or more credits must show proof of having completed the Hepatitis B series. All commuter students ages 18 years and younger must show proof of vaccination with the quadrivalent (covering four strains) meningitis vaccine on or after the 16th birthday. All resident students, regardless of age, are required show proof of vaccination with the quadrivalent meningitis vaccine on or after the 16th birthday. There is no fee to be medically evaluated. Students are responsible for any costs that may be incurred for outside referrals, prescriptions, special services, laboratory, and diagnostic procedures. For the 2020-2021 academic year, students will be seen on an appointment only basis.

Same day appointments will be available. To schedule an appointment, students need to call Health Services at 732-571-3464. Requests for an appointment can also be made through the private and secure Student Health Portal. Students will be triaged via telephone to determine need for COVID-19 testing, telehealth services and in-person services. Students will need to complete the COVID-19 Symptoms Tracker found in the Student Health Portal prior to an appointment with Health Services. Services include: COVID-19 testing, diagnosis and treatment of common ambulatory illnesses and injuries, immunizations, allergy injections, physicals, GYN services, psychiatric evaluation, and medication titration. Psychiatric services will be delivered on a HIPAA secured telepsychiatry platform.

The Health Center hours during the academic semester are: Monday through Thursday, 8:00 a.m. to 6:00 p.m., and Friday, 8:00 a.m. to 5:00 p.m. Hours may be subject to change.

Health Services is staffed with four nurse practitioners, a nurse practitioner/director, a part-time general practitioner physician, and a part-time psychiatrist. Monmouth Medical Center, a community teaching hospital, offers complete medical and psychiatric services and is within a mile and a half of the University.

Counseling and Psychological Services (CPS) assists students in their personal growth and development through psychological counseling and psycho-educational programming. Free, confidential psychological counseling is available to all Monmouth University students. Psychological services are provided by licensed counseling professionals or graduate-level trainees, supervised by licensed professionals. Through collaborations with Monmouth Medical Center and other local agencies, 24-hour services are available for mental health crises. The office also collaborates closely with various departments on campus.

Students may call **732-571-7517** to schedule an appointment for personal counseling or to request additional information. CPS is open Monday through Friday from 8:45 am to 5:00 pm. For additional information, students may also e-mail CPS ([mucounseling@monmouth.edu](mailto:mu counseling@monmouth.edu)) directly. Additional information can also be found on the CPS Web site (<http://www.monmouth.edu/counseling/>). The office is located on the third floor of the Rebecca Stafford Student Center.

The Global Education Office provides assistance to students and faculty from other countries with their adjustment to life in the United States and Monmouth University. The Assistant Director for International Students and Faculty Services and the International Student Advisor are available to provide immigration counseling, academic and career planning support, and access to extra-curricular activities such as the International Club.

The Office of Veteran Services supports all military-affiliated students through comprehensive programs, mentoring, and benefit services. Additionally, the Coordinator of Veteran Services advises the Monmouth University Veterans' Association. The Office of Veteran Services is located on the second floor of the Rebecca Stafford Student Center, room 202D. Office hours are Monday through Friday 8:45 a.m. to 5:00 p.m. Michael Callahan, Coordinator of Veteran Services, can be reached at 732-263-5258.