

# CO-CURRICULAR PROGRAMS

---

## Athletics

Athletics constitute an integral part of a Monmouth University education. The NCAA Division I athletic program offers excellent opportunities for qualified athletes who wish to participate, and a special level of enthusiasm and excitement for the entire University community.

The athletics program fields men's varsity teams in baseball, basketball, cross-country, football, golf, indoor track and field, lacrosse, soccer, swimming, tennis, and outdoor track and field. Women's varsity teams participate in basketball, bowling, cross-country, field hockey, golf, indoor track and field, lacrosse, soccer, softball, swimming, tennis, and outdoor track and field.

## Student Engagement

The Office of Student Engagement provides extra-curricular programs and opportunities that are intended to assist in the social, cultural, and intellectual development of our students. The office advises the Student Activities Board in presenting a variety of entertainment and educational activities for the campus community. It provides guidance, support and oversight of the University's fraternities and sororities. It encourages student participation in clubs and organizations, is involved in the coordination of campus and multicultural activities, provides leadership experience for students and their organizations, and provides support toward weekend programming. The office also sponsors a fall and spring Involvement Fair and provides student group and leader recognition opportunities.